

RECREATIONAL-BASED ACTIVITIES

Archery: This activity includes instruction and practice with bow and arrow facilitated by our instructors. You will learn to shoot an arrow at a target for distance and accuracy. You will also learn and apply safety standards, and will actively participate in and follow rules of fair play and sports etiquette. 1.5 hours. Available Fall & Spring

Broomball: The purpose of this activity is to have fun! Broomball is a very popular winter sport similar to hockey in regards to the rules but not requiring the same amount of equipment. The instructor may choose to spend some time doing stick handling and passing drills before beginning the game. We are encouraging team work and participation. 1.5 hours Available Winter

Canoeing: This is an introductory course designed for beginner and experienced canoers alike. You will learn the parts of the canoe, basic strokes, and canoeing safety. Most of the class time will be spent refining canoe skills out on the lake. 1.5 or 3 hours Available Fall & Spring

Cook-Out: You will have the unique experience of cooking over an open fire. Reconnecting to the 'pre-oven' days, instructors provide opportunities for personalized meals from a selection of precooked food choices, packaged in tinfoil. Each person gets to cook their own meal over an open fire. This option requires one activity period plus lunch. 3 hours Available Fall, Winter & Spring

Cross Country Ski Lesson: The purpose of this class is to provide guests with a basic knowledge of cross-country skiing techniques to enable them to competently ski our trails. This class is designed for beginners, but also provides some practice time for more experienced skiers. Basic movements in skiing that enable you to glide across flat terrain, up hills and down hills will be covered. At the end of the lesson some time will be given to practice the newly acquired skills. 1.5 hours Available Winter

Cross Country Ski Tour: The cross-country ski tour provides you the opportunity to apply the skills taught during the ski lesson to our very own groomed ski trails (20 km of trails). We operate trails with different levels of difficulty. The amount of time spent on the trails will depend on the length of the activity period. The quarter day tour combines nicely with the ski lesson as a half-day option. 1.5 or 3 hours Available Winter

Kayaking: Guests in kayaking will take part in an introductory course designed for beginners. This class includes instruction on parts of the kayak, basic strokes, and kayak safety. The guests will have most of the class time to refine their skills on the lake. The kayaking program includes wet exit



training and participation for everyone. You will get wet during this activity. 1.5 hours Available Fall & Spring

Mountain Biking: This activity provides the opportunity to enjoy the environment around Pioneer Camp through riding our trail system (20 km of trails). You will be fitted for a bike and a helmet and taught the parts of the mountain bike. After receiving instruction on the safe operation of the mountain bike, it's time to test out your skills out on the trails. 1.5 or 3 hours Available Fall & Spring

Snowshoe Hike: Thousands of years ago, after observing the snowshoe hare living in the same habitat, the native North Americans developed and perfected this unique method of traveling over deep snow. This activity begins with a brief history and introduction to the snowshoe; then guests will head out for a short hike through the forest, discovering a new world of fresh snowfalls and crisp winter air. 1.5 hours Available Winter

Tubing: The Tubing Hill has been giving the thrill of speed and the joy of laughter for years. Whether day or night tubing on our fully lit hill with inner tubes, it is an experience no trip is complete without. Tubing is a fun activity for all so sit back relax and enjoy the ride. 1.5 hours Available Winter



ADVENTURE-BASED ACTIVITIES

Initiative Games: Guests are encouraged to become more self-confident as individuals and more cooperative as members of a group. In a small group setting a task is given to complete. The group may have to 'untie' themselves without letting go of each other's hands or verbally negotiate a blindfolded group-mate through a 'mine field' without being able to physically touch the blindfolded person. To be successful, communication, cooperation is needed from all members. 1.5 hours Available Fall, Winter & Spring

Challenge Course: This is an experiential learning course that develops team unity, communication and problem solving skills. A group is only as effective as their ability to work together during challenges. The newly redesigned challenge course provides a variety of problem solving activities and challenges. Only through efficient team cooperation will success be achieved. Trained instructors use the challenge course elements to facilitate cooperation, communication, and problem solving skills. 1.5 hours Available Fall, Winter & Spring

Climbing Wall: Our indoor climbing wall gives you features of every kind that you would encounter on a real rock face, with the added comfort of being indoors. The wall stretches up to 30 feet off of the ground with 24 different routes ranging from easy to difficult. The climbing wall will challenge you to reach new heights. In a safe, instructed environment the staff will facilitate the group from introduction to climbing to belaying. The group will be drawn together with each new climber. We provide helmets and harnesses that must be worn during this activity. 1.5 or 3 hours Available Fall & Spring



Low Ropes: A challenging and fun Low Ropes obstacle course teaches great team building through cooperative experiential learning. We provide helmets that must be worn during this activity. 1.5 hours Available Fall, Winter & Spring

High Ropes: If Tarzan Swing, Hour Glass, and Burma Bridge are new ideas to you, then come and stretch your comfort zone at our high ropes course. Perched 30 feet off of the ground, in beautiful hardwood forests, the high ropes course will challenge you to reach new heights. In a safe, instructed environment the staff will facilitate the group through a variety of challenge activities. As much as personal limits will be stretched it can be guaranteed that the group will be drawn closer together with each new climber. We provide helmets and harnesses that must be worn during this activity. 3 hours Available Fall & Spring



EDUCATIONAL-BASED ACTIVITIES

Candle & Soap Making: Guests learn and enjoy the history of candle and soap making experiencing firsthand how to make candles and soap of various colours, sizes, and shapes. Guests will take home a bit of history with each candle and soap made. 1.5 hours Available Fall, Winter & Spring

Guided Hike: This activity provides guests with the opportunity to explore part of the 1200 acres of beautifully mixed woodland nestled at our doorstep, looking at various types of foliage, trees, and animal tracks. During the hike guests will learn how to identify trees, plants, animal tracks, and things found in nature around them.. 1.5 hours Available Fall, Winter & Spring

Lake Study: Discover all the fascinating things to be found in a lake! The participants will perform several tests at different locations around the lake to investigate visual depth and actual depth, skim samples, water samples, and bottom samples. Microscopes are used to find the differences and similarities from the samples taken. The participants will record their findings at each location. The results and observations are then applied to an answer sheet at the end of the activity. 1.5 hours Available Fall & Spring



Maple Syrup Production: Guests will have the chance to see the progressive change of maple syrup manufacturing over the years. Starting with aboriginal methods, to pioneer methods all the way to modern evaporators, guests will try their hand at making maple syrup from scratch. Enjoy the sweet taste of pure maple syrup. Maple Syrup available for purchase in Tuck Shop. 1.5 hours Available during mid-March through mid-April

Orienteering: Through learning map and compass skills, guests learn how to find their way around their environment. Whether they are in a forest setting or on city streets, the technique of orienting oneself is essentially the same. Through hands-on learning, you will become more familiar with the use of a map and/or compass. With the help of our map and compass courses, guests put to use the skills and knowledge they've learned as they find points around the site. 1.5 hours Available Fall, Winter & Spring

Orienteering (GPS) 2: Once guests have learned the traditional use of map and compass skills, guests are introduced to using modern GPS'. GPS units are all around us and learning to master them is a skill unto itself. Using our unique GPS course, guests find waypoints to navigate around the terrain to solve to puzzle. 1.5 hours Available Fall, Winter, & Spring

Quinzee Building: Survival in the winter depends on maintaining body heat. One way to do this is to use the insulating properties of snow and construct a snow shelter, or Quinzee. In this activity, guests will be shown the correct way to build a snow shelter. With the use of shovels and sticks, the group will build and have a chance to see their Quinzee. Guests will also gain an appreciation of the work necessary to live and play in the outdoors. Optional Quinzee sleep-outs are available upon request. 1.5 or 3 hours Available Winter

Snowshoe Survival: Snowshoe Survival is a combination of a Snowshoe Hike and Wilderness Survival. This activity provides guests with the opportunity to explore some of the area around Pioneer Camp, and a chance to see some of the wildlife (or signs of the wildlife) that live on our 1200 acre property. After snow hiking to a suitable location, the guests will learn about the three basic things needed for survival and how to find them. After learning about what it takes to survive in the wilderness, guests will then have the opportunity to make practice some of the skills they have just learned. The activity ends with some delicious hot chocolate. 3 hours Available Winter

Tubing Physics: Tubing and tobogganing are very popular winter activities that can be both educational and fun. With the use of tubes, guests will use the Tubing Hill to conduct experiments on variables effecting velocity.

Wetland Discovery: Guests will take part in an interpretive and interactive walk through three different kinds of wetlands. Discover how wetlands play a vital role in the environment by effecting the watershed and water cycle, providing habitat for animals, and the effects on our economy. Guests will learn some hands-on identification of the nature surrounding them. Through a greater understanding of how wetlands work and why they are important, a deeper appreciation for these ecosystems will be gained.





Wilderness Survival: From camp guests set out into the wilderness to a spot somewhere on our 1200 acres. Working together they must construct a shelter, build a fire, and boil water for a hot drink in order to achieve the three basic things needed for survival. To end the activity, guests have the chance to enjoy some delicious hot chocolate. 3 hours (Wilderness Skills available – 1.5 hour program. Condensed version of Wilderness Survival) Available Fall, Winter & Spring

Wilderness Skills: A condensed version of Wilderness Survival, guests will learn the basics of surviving in the wilderness and get a chance to practice some of those skills. 1.5 hours Available Fall, Winter & Spring

EVENING PROGRAMS

Astronomy: The night skies have long fascinated humankind, knowing what the universe is beyond our limited vision has captivated people from the time of creation. What do we see when we look into the black of the night? What star is that? Where is Mars? How did it all begin? Through simple-to-use telescopes and binoculars students will have the ability to have some of these basic astronomical questions answered. Groups will look into the star filled skies and will have the chance to see through time.



Capture the Flag: Teams will have the chance to strategize and plan as it is their goal to find the other teams flag and get back to their own side safely. Sounds easy right? That is only the beginning.

Diamond Smugglers: Participants must be creative while buying or selling diamonds as to not be caught by the police, all while lights are flashing and music is playing. The goal is to get the most points for their team in order to win the game!

Flame Battlers: Adapted from 'Capture the Flag', two teams will test their fire building skills (under supervision). Each team will have the chance to build a fire and attempt to survive a full water or snow attack from the other team. Once the fire has been built, team members will have a chance to put out the other team's fire using only cups of water or handfuls of snow.

Mission Impossible: The age old battle of staff versus youth: will the youth be able to transmit the vital information cards across enemy lines without being caught by the staff? There will be many challenges in relaying the essential information.

Night Hike: Wolf calls across the lake, the hoot of an owl, a peep from a spring peeper, are these sounds only heard at night? How loud is silence? Can you really see at night without a flashlight? Going for a guided hike at night at Pioneer will answer these questions and more. Our instructors will make the hike as leisurely or as advanced as you would like.

Animal Survival Game: In the natural world, there are no grocery stores, no Wal-Marts, and no convenience stores. Animals must use each other to stay alive. There is a fine balance between herbivore and carnivore, all vying for survival. Through a role playing game, participants will assume the role of an herbivore or a carnivore, and will collect 'food' and water (through tagging other participants or finding food stations) in an attempt to stay 'alive'.

Campfire: Sitting next to the roaring fire, roasting marshmallows, making smores...talking with friends...looking up at the stars above.... Guests have enjoyed campfires for years at Pioneer. Our instructors set up and light the fire for you to enjoy.

LAST DAY PROGRAMS

Amazing Race: Modeled after the popular television show, the Pioneer Amazing Race will challenge participants to race in teams in attempt to be the first to cross the finish line. Through various activities teams will need to work cooperatively to win.

Olympics: Beginning over 2000 years ago, the world has come together to celebrate excellence in particular sporting skills. Through adaptation of the skills learned at Pioneer, teams will be competing against each other for the title of gold, silver, and bronze placed teams in various activities.

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Ultimate Scavenger Hunt: Based on the age old game of finding missing articles, the ultimate scavenger hunt will challenge teams to find articles hidden around the site. It is a race against time and against the creativeness of other teams.

Eco-Challenge: Assign members of your team to be stationed throughout the "course." When the bell rings, the eco-challenge begins. Guests perform specific activities (many that include our program activities) against the other groups in order to advance through the course in an all-out race to be the champion group of the week!

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